

## Seeking feedback people and dares to seek out knowledge outside the classroom. Engaging with interest groups The student acknowledges that he / she can develop through interaction with others, but at the same time believes that his / her own actions and opinions have value. Confident **Sub-habits** Learning from mistakes Students with faith in their own abilities are learning oriented and not Self-evaluation performance oriented. They actively seek opportunities to learn through Challenge seeking challenges, mistakes, and self-evaluation. **Controlled Sub-habits** Controlling one's impulses Controlled students work diligently and tolerate short-term boredom, Deferring gratification even when confronted with less interesting aspects of a challenge. Sticking to a routine **Sub-habits Committed** Seeing beyond the immediate Committed students can overcome difficulties because they can see the Keeping things in context value of overcoming a problem in order to achieve success. They have in-Staying optimistic sight into the process and try to plan themselves out of predictable challenges.